

TOUR NW

DESCRIPTION:

This itinerary goes through the northwest area of Miranda do Douro, across the villages of Palancar, Malhadas, Póvoa, Sra. do Nazo, São Martinho de Angueira, Especiosa, Genízio, until the mines of *Santo Adrião*, where you can visit caves used during recent prehistory, and where are located the famous deposits of marble and alabaster of *Santo Adrião*, following afterwards to the village of Caçarelhos. These two last places are located in the area of Vimioso, but equally a part of the Mirandese plateau. In this part of the plateau, the agricultural fields, the *lameiros* (grazing pastures) and dense florested areas of Pyrenean Oaks (*Quercus pyrenaica*), Ashes (*Fraxinus angustifolia*), Holm Oaks (*Quercus rotundifolia*) and some Cluster Pines (*Pinus pinaster*) and Chestnuts (*Castanea sativa*) dominate the lanscape, which in some places is filled with streams and small watercourses.

POINTS OF INTEREST:

- Ancient Cathedral of Miranda do Douro (XVI, XVII and XVIII centuries);
- Parish church of Malhadas (XV century);
- *Touro* [bull statue] of Malhadas (I century);
- *Cruzeiro medieval* [medieval cross], in Malhadas;
- Parish church of Póvoa;
- Secular Holm Oak (tree of public interest);
- Sanctuary of *Nossa Sra. do Nazo*;
- Church of São Martinho de Angueira;
- *Castro* [Ancient fort] of *São Martinho* (Iron Age / Romanization);
- Church of Especiosa;
- *Priapus* of Especiosa, *the father of us all...*
- Rural Museum of Genízio;
- Parish church of Genízio;
- Medieval chapel of *São Ciríaco*, in Genízio;
- Mines of *Santo Adrião*;
- *Cabanais* [traditional meeting place of village people], in Caçarelhos;
- *Cruzeiro* of Caçarelhos;
- Parish church of Caçarelhos;
- Chapel of *São José* or Chapel of the Holy Family, in Caçarelhos;
- Chapel of *Sto. Cristo* or Chapel of *São Bartolomeu*, in Caçarelhos.



COURSE DETAILS:

- **Location** – northwest of Miranda do Douro / parishes of Miranda do Douro, Malhadas, Póvoa, São Martinho de Angueira, Genízio and Caçarelhos / areas of Miranda do Douro and Vimioso / Bragança district / Trás-os-Montes / Portugal
- **Course** – circular / generalist
- **Point of Departure and Arrival** – Parking lot near the ancient Cathedral of Miranda do Douro
- **Duration** – between 7 and 8 hours
- **Type of Course** – sportive, panoramic, environmental and cultural
- **Paths** – rural, national and local roads
- **Favourable season** – there isn't any

TO BETTER ENJOY THIS ACTIVITY, WE ADVISE THE USE OF:

- Suitable shoes, fit for walking in the country/mountain;
- Head protection, suitable clothes to according weather;
- Binoculars;
- Camera;
- Small backpack with food and water.

PRICE:

- 1 day = 90,00 €/person (*)

(*) **Includes:** All road vehicle driven by specialized guide, obligatory insurance, and country lunch.

For more information please refer to the **Terms and Conditions**.

We advise you to read the section
Good Practices

MORE THAN ADVENTURE, NATURE AND CULTURE

